

Day	Time	Group	Location	Address	Notes	Who Can Attend
Mon	7:00 AM	Prayer And Meditation AFG	ZOOM	VIRTUAL ONLY Williamsburg , VA 23185	Zoom; Meeting ID 861 5963 4379; Passcode: 633933.	Families, Friends And Observers Welcome
Mon	10:00 AM	The Breakfast Club AFG	ZOOM	VIRTUAL ONLY Williamsburg , VA 23185-3742	Zoom: MEETING ID: 825 4194 8507  PASSCODE: 8SNLAAFG Link: <a href="https://us06web.zoom.us/j/82541948507?pwd=RGVKSEJIN1cxWXJmMzBKbzJpazVBd...">https://us06web.zoom.us/j/82541948507?pwd=RGVKSEJIN1cxWXJmMzBKbzJpazVBd...</a> . Literature Meeting	Families, Friends And Observers Welcome
Mon	12:00 PM	Downtowners AFG	St. Paul's Episcopal Church	201 Saint Pauls Blvd Norfolk, VA 23510-2701	Meeting Room Is Downstairs Through The Courtyard And Up The Ramp.	Families, Friends And Observers Welcome
Mon	5:00 PM	Back to Basics AFG	Triangle Stepping Stones	3279 Lake Powell Rd. Williamsburg , VA 23185		Families, Friends And Observers Welcome
Mon	7:00 PM	Monday Night AFG	St Andrew Presbyterian Church	1885 Bridge Road Suffolk, VA 23433	Use Back Parking Lot, Enter Through Doors On Left, Meeting On 2nd Floor. Concurrent AA Meeting.	Families, Friends And Observers Welcome

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Mon	7:00 PM	Suffolk Monday Night Alateen	St Andrew Presbyterian Church	1885 Bridge Road Suffolk, VA 23433	Use The Back Parking Lot, Enter Through Doors On The Left, The Meeting Is On The 2nd Floor (use Stairs Or Elevator). For More Information Contact Shelly: Call Or Text 757-639-4436 Or Email <a href="mailto:ShellyInNorfolk@gmail.com">ShellyInNorfolk@gmail.Com</a> . Concurrent AI-Anon & AA Meetings.	Families And Friends Only
Mon	7:00 PM	Just For Today AFG	St Thomas Episcopal Church	233 Mann Dr Chesapeake, VA 23322-5215	Enter Through The Office Entrance. We Meet In Classroom A. Concurrent AA Meeting.	Families, Friends And Observers Welcome
Mon	7:00 PM	Beginner AFG	Foundry United Methodist Church	2801 Virginia Beach Blvd Virginia Beach, VA 23452-7616	Enter From Virginia Beach Blvd & Use The Right Side Door.	Families, Friends And Observers Welcome
Mon	7:00 PM	Hampton Boulevard AFG	2nd Presbyterian Church	7305 Hampton Blvd Norfolk, VA 23505-2908		Families, Friends And Observers Welcome
Mon	7:00 PM	Basic Recovery AFG	Emmanuel Episcopal Church	5181 Singleton Way Virginia Beach, VA 23462-4229		Families And Friends Only

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Mon	7:30 PM	Finding Hope AFG	Emmanuel Episcopal Church	179 East Mercury Blvd Hampton, VA 23669		Families, Friends And Observers Welcome
Mon	8:00 PM	Small Shores Step Study AFG	ZOOM	VIRTUAL ONLY Virginia Beach, VA 23454	Zoom, <a href="https://zoom.us/join">https://zoom.us/join</a> , Meeting ID# 845 7555 9733, Passcode 171297	Families And Friends Only
Tue	11:00 AM	Tuesday in the Park AFG	Triangle Stepping Stones	3279 Lake Powell Rd. Williamsburg , VA 23185		Families, Friends And Observers Welcome
Tue	2:00 PM	Tuesday At Two AFG	ZOOM	VIRTUAL ONLY Williamsburg , VA 23185	Zoom: Meeting ID 883 5087 5656 Password 011877	Families, Friends And Observers Welcome
Tue	6:30 PM	Tuesday Newbies AFG	ZOOM	VIRTUAL ONLY Yorktown, VA 23692	Zoom: <a href="https://us06web.zoom.us/j/81981525163?Pwd=dTIUa3UyREI0WkU3a2hTK2x5NThPQ...">https://us06web.zoom.us/j/81981525163?Pwd=dTIUa3UyREI0WkU3a2hTK2x5NThPQ...;</a> Meeting ID: 819 8152 5163 Passcode: 975425.	Families, Friends And Observers Welcome

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Tue	6:30 PM	Beach Parents AFG	Spring Branch Community Church	1500 N Great Neck Rd Virginia Beach, VA 23454-1310	Hybrid Meeting. Room 302 At The Church. OR On Zoom, <a href="https://us02web.zoom.us/j/81964276421?Pwd=MIRwTTJleFFyRThGUGo0TEZ5cDFHU...">https://us02web.zoom.us/j/81964276421?Pwd=MIRwTTJleFFyRThGUGo0TEZ5cDFHU...</a> Meeting ID: 819 6427 6421 Passcode: 423056	Families, Friends And Observers Welcome
Tue	7:00 PM	Chesapeake Parents AFG	Harvest Assembly Of God	525 Kempsville Rd, Chesapeake , VA 23320-3609	Trailer # 6, Behind The Church.	Families, Friends And Observers Welcome
Tue	7:00 PM	Mid Peninsula AFG	Apostles Lutheran Church	7092 Main St Gloucester, VA 23061		Families, Friends And Observers Welcome
Tue	8:00 PM	Progressive AFG	Yorkminster Presbyterian Church	6218 George Washington Hwy. Yorktown, VA 23692-2160	Hybrid Meeting. Use Parking Lot Back Door OR On Zoom Link: <a href="https://us06web.zoom.us/j/86976286335?Pwd=eWJrbnFkZnAzRjNjdDZ6cGtVTmxDQ...">https://us06web.zoom.us/j/86976286335?Pwd=eWJrbnFkZnAzRjNjdDZ6cGtVTmxDQ...</a> Meeting ID: 869 7628 6335 Passcode: 524477	Families, Friends And Observers Welcome
Tue	8:00 PM	Sandbridge AFG	Sandbridge Community Chapel	3041 Sandpiper Rd Virginia Beach, VA 23456-4436	Meeting In Church Annex.	Families, Friends And Observers Welcome

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Tue	8:00 PM	Sandbridge Online AFG	ZOOM	VIRTUAL ONLY Virginia Beach, VA 23454	ZOOM, Meeting ID 864 1650 2280	Families, Friends And Observers Welcome
Wed	10:00 AM	Welcoming Wednesdays AFG	ZOOM	VIRTUAL ONLY Williamsburg , VA 23185	Zoom. Meeting ID: 840 7967 9997 Passcode: 8SNLAAFG <a href="https://us06web.zoom.us/j/84079679997?Pwd=VTk5ZzB1aUtwYnRXMExoUUcxaWVhQ...">https://us06web.zoom.us/j/84079679997?Pwd=VTk5ZzB1aUtwYnRXMExoUUcxaWVhQ...</a>	Families, Friends And Observers Welcome
Wed	10:30 AM	New Beginnings AFG	Harvest Assembly Of God	525 Kempsville Rd Chesapeake , VA 23320-3609	Trailer # 6, Behind The Church.	Families And Friends Only
Wed	12:00 PM	Wednesday Noon AFG	Foundry United Methodist Church	2801 Virginia Beach Blvd Virginia Beach, VA 23452-7616	Hybrid Meeting. Meeting Is In Room 15 OR On Zoom: <a href="https://zoom.us/join">https://zoom.us/join</a> , Meeting ID# 880 7741 8409, Password: 925727	Families, Friends And Observers Welcome
Wed	12:00 PM	Baby Steps AFG	Warwick United Church Of Christ	10 Matoaka Ln Newport News, VA 23606-3129	Step Study Meeting.	Families, Friends And Observers Welcome

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Wed	7:00 PM	Greenbrier AFG	St Thomas Episcopal Church	233 Mann Dr Chesapeake, VA 23322-5215	Meets In Classroom A. Enter Through The Office Door.	Families, Friends And Observers Welcome
Wed	7:00 PM	Wednesday Night Beginners AFG	Talbot Park Baptist Church	6919 Granby St Norfolk, VA 23505-4446	2nd Floor. 5th Wednesdays This Is An Eating & Speaker Meeting.	Families, Friends And Observers Welcome
Wed	7:15 PM	Hope AFG	VBRC	1900 Baltic Ave Virginia Beach, VA 23451	Corner Of Baltic & 19th.	Families, Friends And Observers Welcome
Wed	7:30 PM	Adult Children In Recovery AFG	Oceanview Baptist Church	9504 Selby PI Norfolk, VA 23503-2913	Onsite Parking Lot, Use Main Entrance On Selby PI, Buzz For Entry. Room On 2nd Floor, Top Of Stairs	Families And Friends Only
Wed	8:00 PM	First Things First AFG	ZOOM	VIRTUAL ONLY Virginia Beach, VA 23456	Zoom INFO: Meeting ID: 882 1683 8992 Passcode: 357713	Families, Friends And Observers Welcome

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Thu	11:30 AM	Up The Creek AFG	ZOOM	VIRTUAL ONLY Newport News, VA 23606	Zoom <a href="https://us02web.zoom.us/j/3483667171?Pwd=RnlxaUtGdXovcGpiZ2Z5RFhvZ0gydz...">https://us02web.zoom.us/j/3483667171?Pwd=RnlxaUtGdXovcGpiZ2Z5RFhvZ0gydz...</a> ; Meeting ID: 348 366 7171; Passcode: Loveafg	Families, Friends And Observers Welcome
Thu	12:00 PM	Thursday Noon AFG	Thalia Lynn Baptist Church	4392 Virginia Beach Blvd Virginia Beach, VA 23452-1204	Hybrid Meeting. Zoom, <a href="https://zoom.us/join">https://zoom.us/join</a> , Meeting ID# 881 2021 9298, Passcode: 114842	Families And Friends Only
Thu	2:00 PM	Today A New Frontier AFG	Williamsburg United Methodist Church	500 Jamestown Rd Williamsburg, VA 23185-4074	UUse Main Back Door Of Church (use Buzzer). Left. Room 107 (Basement) Discussion Topic Meeting.	Families And Friends Only
Thu	6:00 PM	Corporate Landing AFG	AI-Anon Family Group Headquarters	1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617	HYBRID Meeting. Enter Building From The Side Door To The Cafeteria. OR On Zoom, <a href="https://us02web.zoom.us/j/84359530419">https://us02web.zoom.us/j/84359530419</a> Password: 246901	Families, Friends And Observers Welcome
Thu	7:00 PM	Keep It Simple AFG	St Thomas Episcopal Church	233 Mann Dr Chesapeake, VA 23322-5215	Meets In The Library Across The Hall From The AA Meeting. Enter Through The Door By The Office Closest To Mann Dr.	Families, Friends And Observers Welcome

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Thu	7:00 PM	Let It Begin With Me AFG	New Creation Methodist Church (formerly Aldersgate UMC)	4320 Bruce Rd Chesapeake, VA 23321-4205	Meets In Room 14. Enter Through The Sanctuary Doors And Turn Left.	Families, Friends And Observers Welcome
Thu	7:00 PM	Relationships With Serenity AFG	Warwick United Church Of Christ	10 Matoaka Ln Newport News, VA 23606-3129	Due To Inclement Weather When The Public Schools Are Closed, There Will Be No Meeting.	Families, Friends And Observers Welcome
Thu	8:00 PM	Roosevelt Chat AFG	The Garden United Methodist Church	2709 Greendale Ave Norfolk, VA 23518-4604	Literature Discussion: As We Understood.	Families, Friends And Observers Welcome
Fri	7:00 AM	Prayer And Meditation AFG	ZOOM	VIRTUAL ONLY Williamsburg, VA 23185	Zoom; Meeting ID 861 5963 4379; Passcode: 633933.	Families, Friends And Observers Welcome
Fri	9:15 AM	Friday Morning Women's AFG	St Johns Episcopal Church	100 W Queens Way Hampton, VA 23669-4014	Use The Buzzer At The Entry Door And The Receptionist Will Let You In. Does Not Meet On Holidays.	Families And Friends Only



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Fri	3:00 PM	Openess And Friendship AFG	ZOOM	VIRTUAL ONLY Williamsburg , VA 23185	Zoom: Meeting ID: 895 0073 7081 Passcode: 8SNLAAFG To Call In, Dial: 253-215-8782, Then Enter Meeting ID And Password.	Families And Friends Only
Fri	6:30 PM	Friday Night Meeting AFG	Old Donation Episcopal Church	4449 N Witchduck Rd Virginia Beach, VA 23455-6151	Hybrid Meeting. Meeting In Salisbury Room. OR On Zoom, <a href="https://zoom.us/join">https://zoom.us/join</a> , Meeting ID# 831 3598 5619, Passcode: 928901	Families And Friends Only
Fri	6:30 PM	The Alateens Of Witchduck Road	Old Donation Episcopal Church	4449 N Witchduck Rd. Virginia Beach, VA 23455-6151		Families And Friends Only
Fri	8:00 PM	Serenity AFG	ZOOM	VIRTUAL ONLY Newport News, VA 23601	Zoom: <a href="https://us02web.zoom.us/j/3483667171?Pwd=RnlxaUtGdXovcGpiZ2Z5RFhvZ0gydz...">https://us02web.zoom.us/j/3483667171?Pwd=RnlxaUtGdXovcGpiZ2Z5RFhvZ0gydz...</a> ; Meeting ID: 348 366 7171; Passcode: Loveafg	Families And Friends Only
Fri	8:00 PM	AFG Suffolk Friday Meeting	St Paul's Episcopal Church	213 N Main St Suffolk, VA 23434-4420	Parking And Entrance In Back Of Building. Masks Optional. Concurrent AA Meeting.	Families And Friends Only

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Sat	10:00 AM	Courage To Change AFG	ZOOM	VIRTUAL ONLY Newport News, VA 23608	Zoom: <a href="https://us02web.zoom.us/j/3483667171?Pwd=RnlxaUtGdXovcGpiZ2Z5RFhvZ0gydz...">https://us02web.zoom.us/j/3483667171?Pwd=RnlxaUtGdXovcGpiZ2Z5RFhvZ0gydz...</a> ; Meeting ID: 348 366 7171; Passcode: Loveafg	Families, Friends And Observers Welcome
Sat	10:00 AM	Hope and Strength AFG	Denbigh Presbyterian Church	302 Denbigh Blvd. Newport News, VA 23608	Concurrent AA Meeting.	Families, Friends And Observers Welcome
Sat	10:30 AM	Hope For Adult Children Of Alcoholics AFG	ZOOM	VIRTUAL ONLY Virginia Beach, VA 23456	Zoom, <a href="https://zoom.us/join">https://zoom.us/join</a> , Meeting ID# 878 4574 1175, Passcode 769363	Families, Friends And Observers Welcome
Sat	11:00 AM	Courage To Change AFG	FPC Center for Prayer and Spiritual Growth	800 Colonial Ave Norfolk, VA 23507	Hybrid Meeting. Zoom Link <a href="https://us02web.zoom.us/j/86994597468?Pwd=VDhvK3c1WmlaYUZ2RW9zQIVmeTNuZ...">https://us02web.zoom.us/j/86994597468?Pwd=VDhvK3c1WmlaYUZ2RW9zQIVmeTNuZ...</a>	Families And Friends Only
Sat	5:30 PM	Saturday Night Live AFG	St. Stephen Lutheran Church	612 Jamestown Road Williamsburg , VA 23185	Hybrid Meeting. Park Around Bldg. In Front (be Cognizant Of Signs) Zoom Meeting ID: 811 5993 9553 Passcode: 8SNLAAFG <a href="https://us06web.zoom.us/j/81159939553?Pwd=UnNSdU1ZMzNieWdUbW84SUc2L0wwd...">https://us06web.zoom.us/j/81159939553?Pwd=UnNSdU1ZMzNieWdUbW84SUc2L0wwd...</a>	Families, Friends And Observers Welcome

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Sat	7:00 PM	New Hope AFG	Talbot Park Baptist Church	6919 Granby St Norfolk, VA 23505-4446	Meeting Is On The 2nd Floor, Elevator Access.	Families, Friends And Observers Welcome
Sun	2:00 PM	Sunday Serenity AFG	Triangle Stepping Stones	3279 Lake Powell Rd. Williamsburg , VA 23185		Families, Friends And Observers Welcome
Sun	4:00 PM	Sunday Step Study AFG	ZOOM	VIRTUAL ONLY Virginia Beach, VA 23462	Zoom, <a href="https://us02web.zoom.us/j/85115972833">https://us02web.zoom.us/j/85115972833</a>	Families, Friends And Observers Welcome
Sun	7:00 PM	Fresh Start AFG	St Georges Episcopal Church	15446 Warwick Blvd Newport News, VA 23608-1506	Hybrid Meeting. Zoom ID: 348 366 7171 Password: Loveafg	Families, Friends And Observers Welcome
Sun	7:00 PM	Freedom Women's AFG	Bayside Presbyterian Church	1400 Ewell Rd Virginia Beach, VA 23455-4908		Families And Friends Only

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Sun	7:00 PM	The Ghent Gathering AFG	FPC Center for Prayer and Spiritual Growth	800 Colonial Ave Norfolk, VA 23507-1810		Families, Friends And Observers Welcome