

## *Tidewater Men's Group*

*Saturday, 21 March 2020*

*1:00 until 2:30 PM*

*800 Colonial Ave*

*Norfolk VA, 23507*

*(757) 338 3656*

- *Making life better for all.*
- *Cold cut/vegan sandwich creations are the plan.*

### *Topics;*

- *Open discussion about our paths to recovery.*
- *Share your courage strength and hope with other members of the community.*



***P.O.C. Robert B***

***Please RSVP by Phone or email***

***(757) 338-3656***

***gmcgrrr@gmail.com***