



Our Recovery Puzzle

# 40th 2019 Virginia Area Al-Anon Convention August 23-25

Westfields Marriott ♦ Chantilly, VA

## Recovery Speakers:

**Friday:** Alateen  
Al-Anon

**Saturday:** AA  
Al-Anon  
Al-Anon

**Sunday:** Al-Anon

### Register By:

**August 15**



Saturday Night Banquet  
included with registration

## Workshops:

- A** Changing Attitudes—  
*Where do I fit in?*
- B** Anger & Resentment—  
*Navigating the maze to reach the hidden feelings.*
- C** Intimacy in Alcoholic Relationships  
*More than a three letter word.*
- D** Boundaries & Self-Care—  
*First things first: Piece together the puzzle's borders.*
- E** Fear—  
*Even the toughest puzzle has a solution. For answers, "Turn it over"*
- F** Chaos or Serenity—  
*Scattered pieces or clear picture?*
- G** Distorted Thinking—  
*Asking for help to see it from a different angle.*
- H** Prayer & Meditation—  
*Pause, Close your eyes, Breathe, Look again.*

Consider offering a Love Sponsorship

🌀 Full or Partial 🌀

Any amount you give will help someone to attend.

# 40th Virginia Area Al-Anon Convention

Westfields Marriot — Chantilly, VA — August 23-25, 2019

*Step One:* CHOOSE 1 OF THE FOLLOWING 3 WAYS TO REGISTER:

- 1) Register & pay online: [www.vaalanon.org](http://www.vaalanon.org) & click on **CONVENTION**
- 2) Register & pay by check: mail the completed form below & your check to -  
**Virginia Area Al-Anon Convention, PO Box 20832, Roanoke, VA 24018**
- 3) If you are in need call Sue A., (757) 870-0147, to discuss a Love Scholarship (limited number). **Love scholarships do not include hotel room cost**

*Step Two:* BOOK YOUR HOTEL ROOM by **August 9, 2019:**

- 1) When you contact the convention hotel, please request Al-Anon convention rate of \$119 plus tax per night (after August 9th the going room rate applies).  
Westfields Marriott—Room Reservations: **800-364-0546** or <http://book.passkey.com/go/ALANONMeeting>

*Note: Saturday and Sunday—Breakfast for 2 is included with double occupancy; single occupancy receives one. For those not staying at the hotel, breakfast may be purchased for \$14.95.*

If you have questions, please send them to:

[convention@vaalanon.org](mailto:convention@vaalanon.org) or check out our FAQ's at <http://www.convention.vaalanon.org>

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## Mail-In Registration Form

**Registrant Information** (Please submit 1 registration form per person)

Are you staying at the Westfields Marriott? **Yes** **No** (Please circle one)

Any dietary restrictions? Please describe \_\_\_\_\_

Name: \_\_\_\_\_ Badge Name: \_\_\_\_\_

Address: \_\_\_\_\_

Tel: \_\_\_\_\_ Email: \_\_\_\_\_

Circle One:      Al-Anon      AA      Alateen      Guest

Alateen Sponsor (AMIAS WSO ID): \_\_\_\_\_

Registration - \$75.00 per person (pp) - (no refunds) This price includes the Saturday night banquet if post-marked by <b>Feb 1</b>	\$ . 00
\$85 pp (no refunds) This price includes Saturday night banquet if post-marked <b>Feb 2 to Jun 1</b>	\$ . 00
\$95 pp (no refunds) This price includes Saturday night banquet if post-marked <b>Jun 2 to Aug 15</b>	\$ .00
Love Sponsorship - to be used for convention support & scholarship fund	\$ .00
<b>AUGUST 15</b> is the last day to switch registration with someone if you cannot attend. Contact Peggy F to make the change, 703-801-6470.	
<b>MAKE CHECKS PAYABLE TO:</b> Virginia Area Assembly <i>Also write "Convention" on your memo line.</i>	
<b>Grand Total:</b>	<b>\$ . 00</b>

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