

THURSDAY

CHESAPEAKE

8:00 p.m.
Open
Keep It Simple AFG
St. Thomas Episcopal Church
233 Mann Dr.
Off of Cedar Rd. (Enter left rear)
Speaker fifth Thursday of the month
Sean (781) 664-4465

8:00 p.m.
Open ☞
Let it Begin with Me AFG
Aldersgate United Methodist Church
4320 Bruce Rd., Room 212
Stacy (757) 403-2724

HAMPTON

10:00 A.m.
Open
Thursday Morning AFG
Harborpointe Community Church
351 E Mercury Blvd.
Cynthia (239)281-6628

NEWPORT NEWS

11:30 a.m.
Open ☞
**Two meetings
at once**
Up the Creek AFG
Regular Meeting & Newcomers Meeting
Christ United Methodist Church
133 Deep Creek Rd.
Susie P. (757) 727-0731

7:00 p.m.
Open ☞
Relationships with Serenity
Warwick United Church of Christ
10 Matoaka Ln.
Joyce (443) 846-6546
*NOTE: If NN schools are closed due to
weather, the meeting will be cancelled.*

NORFOLK

8:00 p.m.
Open ≈
Roosevelt Chat AFG
St. John's United Methodist Church
2709 Greendale Ave.
Preschool Room
Camille (757) 759-8706

VIRGINIA BEACH

12:30 - 2:00 p.m.
Closed ☞
Thursday Noon AFG
Thalia United Methodist Church 4321
Virginia Beach Blvd.
Shayne (757) 737-3593

6:00 p.m.
Closed
Alateen
"A-OK" Alateen
1600 Corporate Landing Parkway
(757) 499-1443

6:00 p.m.
Open ☞
Corporate Landing AFG
Al-Anon World Service Office
1600 Corporate Landing Pkwy.
Rhonda (757) 650-9475

8:00 p.m.
Closed ≈
Changing Attitudes AFG
St. Francis Episcopal Church
509 Rosemont Rd.
Janice (757) 724-2785

WILLIAMSBURG

2:00 p.m.
Open ☞
Today a New Frontier AFG
Williamsburg United Methodist Church
500 Jamestown Rd.
Enter thru' rear main door; follow signs
Kate (757) 585-1341, Patricia (757) 570-0789

WILLIAMSBURG

5:30 p.m.
Open ☞
(Thursday con'd)
Walking Through Recovery AFG
Williamsburg United Methodist Church
500 Jamestown Rd., Room 206
Enter thru' rear main door; follow signs
Katie S. (757) 784-6900

7:30 p.m.
Closed
Twelve & Twelve Al-Anon
Williamsburg United Methodist Church
500 Jamestown Rd.
Enter thru' rear main door; follow signs
Mary Ann (757) 229-0244

FRIDAY

HAMPTON

10:00 a.m.
Closed
*No meeting on
holidays*
Friday Morning Women
St. John's Episcopal Church
100 West Queensway
Jill (757) 881-8898

8:00 p.m.
Open ☞
Friday Night Al-Anon
First Christian Church
1458 Todds Ln.
Park in rear, enter Fellowship Hall
Judy A. (757) 284-4534

NEWPORT NEWS

8:00 p.m.
Closed ☞
Serenity AFG
Chestnut Memorial United Methodist
Church
1024 Harpersville Rd.
M.E. (757) 812-9668

NORFOLK

11:00 a.m.
Open
Metropolitan AFG
Church of the Epiphany
1530 Lafayette Blvd.
Corner of Lafayette & Versailles
Shaz (757) 237-7760

SUFFOLK

8:00 p.m. Closed ≈
Suffolk AFG St. Paul's Episcopal Church
213 North Main St.
Jenny F. (757) 647-6585

VIRGINIA BEACH

6:30 p.m.
Closed ≈
Friday Night Meeting AFG
Old Donation Episcopal Church - Library
4449 N. Witchduck Rd.
Sue (757) 689-1156

WILLIAMSBURG

3:00 p.m.
Open ☞
Openness & Friendship AFG
St. Stephen's Lutheran Church
612 Jamestown Rd.
Literature Study Meeting
Bonnie N. (757) 849-9628

SATURDAY

NEWPORT NEWS

10:00 a.m.
Open ☞
Courage to Change AFG
Denbigh Presbyterian Church
302 Denbigh Blvd.
Mary (757) 813-6067

NORFOLK

11:00 a.m.
Closed
Courage to Change AFG
DePaul Hospital
150 Kingsley Ln.
Cafeteria
Terry (757) 484-6033

7:00 p.m.
Open ☞
New Hope AFG
Talbot Park Baptist Church
6919 Granby St.
Babysitting available (2 & up)
Rose (757) 355-3338

7:00 p.m.
Closed ☞
Alateen
Courageous Kids Alateen
Talbot Park Baptist Church
6919 Granby St.
Paul H. (757) 761-5280

VIRGINIA BEACH

7:00 p.m.
Closed ≈
Beach AFG
Galilee Episcopal Church
40th St. & Pacific Ave.
Maria (757) 404-0247

5:30 - 7:00 p.m.
Open ≈
GFA Amistad, Spanish Speaking
St. Gregory Church
5345 Virginia Beach Blvd.
Sergio (915) 633-3153

WILLIAMSBURG

8:00 p.m.
Closed ☞
Saturday Night Live
St. Stephen's Lutheran Church
612 Jamestown Rd.
Robin B. (757) 784-2244

Volunteer!

If you would like to volunteer at the
Al-Anon Service Center Tidewater (ASCT) office,
please call Bette at (757) 681-0620

About This Directory

When a group requests to be listed in this directory, there is an informal agreement that the group will abide by Al-Anon's traditions and be open to any Al-Anon member. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon program, however. If the group you attend is not right for you, please try another. There is help and hope available in Al-Anon.

This is a confidential directory for people who need to find Al-Anon and is not to be revised for any other reason. **Written permission MUST be obtained from the Al-Anon Service Center prior to any revisions.**

Tidewater Area and Peninsula District Al-Anon and Alateen Family Groups Meeting Directory

Revised November 18, 2017



*The only requirement for membership is that
there be a problem of alcoholism in a relative or friend.*

Al-Anon Service Center of Tidewater

4968 Euclid Road, 1st Floor, Suite H
Virginia Beach, VA 23462
(757) 499-1443 FAX (757) 499-3298
www.tidewaterasc.org asct42009@verizon.net

For meetings outside Hampton Roads, contact:
World Service Office at (888) 425-2666 or
www.al-anon.alateen.org or
Virginia Al-Anon/Alateen at www.vaalanon.org

About Al-Anon Meetings

Contact Person: It is recommended that you call the contact person listed to confirm the meeting time and location.

Open/Closed: Closed Meetings are for anyone whose personal life is or has been affected by close contact with a problem drinker. Open meetings may be attended by anyone interested in Al-Anon/Alateen.

Alateen: Alateen is for children and teenagers (8-19) who have been affected by someone else's drinking. Specially-trained and -screened adult sponsors supervise.

AFG Al-Anon Family Group

☞ Handicap accessible

≈ Concurrent AA meeting

Length: Meetings last an hour long unless otherwise indicated.

Smoking: Meetings are non-smoking unless otherwise indicated.

For AA Information

AA Tidewater Area: (757) 490-3980
AA Peninsula: (757) 595-1212

SUNDAY

GLOUSTER

7:00 p.m.
Open
Ware's There's Hope AFG
Ware Episcopal Church
7825 John Clayton Mem Hwy
Debbie (765) 404-1870

NEWPORT NEWS

7:00 p.m.
Open
Fresh Start AFG
St. George's Episcopal Church
15446 Warwick Blvd.
Chris (804) 832-8884

NORFOLK

7:00 p.m.
Open
Ghent Gathering AFG
800 Colonial Avenue
Shelly H. (757) 639-4436

5:30 p.m.
Closed
Bayview AFG
Bayview United Church of Christ
1051 E. Bayview Blvd.
Lily (757) 537-5794

VIRGINIA BEACH

4:00 p.m.
Open ☺
Al-Anon Service Center Tidewater
4968 Euclid Rd., Ste. H
Sue (757) 270-6133

7:00 p.m.
Closed
Freedom Women AFG
Bayside Presbyterian Church
1400 Ewell Rd.
Corner of Independence Blvd. & Ewell Rd
Lorene (757) 430-1825

WILLIAMSBURG

4:00 p.m.
Open
Sunday Serenity AFG
Williamsburg Place - Farley Center
5477 Mooretown Rd., Gratitude Room
Shelly (757) 810-6338

MONDAY

CHESAPEAKE

7:30 p.m.
Open
Just for Today AFG
Oak Grove United Methodist Church
472 N. Battlefield Blvd.
Randy (757) 409-1794

7:30 p.m.
Open
Gratitude Gang Alateen
Oak Grove United Methodist Church
472 N. Battlefield Blvd.
Mark (757) 635-6726

HAMPTON

10:00 a.m.
Closed ☺
Monday Morning Women
St. John's Episcopal Church
100 West Queens Way
Diane (757) 965-0925

NORFOLK

12:00 p.m.
Open ☺
Downtowners AFG
St. Paul's Episcopal Church
101 St. Paul's Blvd.
Harold (757) 288-6002

7:30 - 8:30 p.m.
Open ☺

SUFFOLK

7:00 p.m.
Open
Monday Night AFG
Ebenezer United Methodist
1589 Steeple Drive
Betty (757) 483-1445

VIRGINIA BEACH

7:30 p.m.
Open ☺
Beginner AFG
Foundry United Methodist Church
2801 Virginia Beach Blvd.
Side Door Entrance on VA Beach Blvd.
Carole (757) 478-9725

8:00 p.m.
Closed ☺
Small Shores, Step Study AFG
All Saints Episcopal Church
1968 Woodside Ln.
Ethel (757) 464-5793

8:00 p.m.
Closed* ☺☺
Basic Recovery AFG
Emmanuel Episcopal Church
5181 Singleton Way
Marcia (757) 717-0608
**Open every fifth Monday*

WILLIAMSBURG

10:00 a.m.
Open
The Breakfast Club
Triangle Stepping Stones
3279 Lake Powell Rd.
Gwen (757)876-0652

7:30 p.m.
Closed ☺☺
Williamsburg AFG
Williamsburg United Methodist Church
500 Jamestown Rd.
Enter thru' rear main door; follow signs
Mary Ann (757) 229-0244

TUESDAY

CHESAPEAKE

7:00 - 8:30 p.m.
Open
Chesapeake Parents AFG
Harvest Assembly of God
525 Kempsville Rd.
Trailer #6 behind church
Bette T. (757) 681-0620

GLOUCESTER

8:00 p.m.
Open ☺☺
Mid-Peninsula AFG
Apostles Lutheran Church
7092 Main St.
Intersection of Fox Mill Rd. & Fox Hunt Lane, off Bus. Rt. 17
Debbie P. (765) 404-1870

NORFOLK

11:00 a.m.
Closed ☺
The Forum AFG
Wesley Mem. United Methodist Church
288 East Little Creek Rd.
Kathy H. (757) 222-0670

VIRGINIA BEACH

6:30 p.m.
Open
Beach Parents Al-Anon Meeting
Spring Branch Community Church
1500 N. Great Neck Rd., Room 302
Keith (757) 748-6300

8:00 p.m.
Open ☺
Sandbridge AFG
Sandbridge Community Chapel Annex
3041 Sandpiper Rd.
JoAnne (757) 226-8936

WILLIAMSBURG

2:00 p.m.
Open ☺
Williamsburg Step Study AFG
Williamsburg United Methodist Church
500 Jamestown Rd.
Joanie (757) 876-9869

8:00 p.m.
Open ☺☺
YaGattaWanna Al-Anon
Williamsburg Presbyterian Church
215 Richmond Rd.
Marsha J. (757) 561-9033

YORKTOWN

8:00 p.m.
Open ☺☺
Progressive AFG
Regular Meeting & Newcomers Meeting
Yorkminster Presbyterian Church
6128 George Washington Mem. Hwy.
Lisa A. (757) 868-1259

Al-Anon Declaration
Let It Begin with Me—
When anyone, anywhere reaches out for help,
let the hand of Al-Anon and Alateen
always be there and
Let It Begin with Me

WEDNESDAY

CHESAPEAKE

10:30 a.m. - Noon
Closed ☺
New Beginnings AFG
Harvest Assembly of God
525 Kempsville Rd.
Trailer in back of Church #6
Thelma (757)404-2593

8:00 p.m.
Open ☺
Greenbrier AFG
Greenbrier Community Church
825 Greenbrier Pkwy.
In main church building
Terri (757) 816-5798

NEWPORT NEWS

12:00 p.m.
Open
Baby Steps Al-Anon
Warwick United Church of Christ
10 Matoaka Ln.
Jo F. (757) 238-8540
NOTE: If NN schools are closed due to weather, the meeting will be cancelled.

NORFOLK

7:00 p.m.
Open ☺
Wednesday Night Beginner's AFG
Talbot Park Baptist Church
6919 Granby St.
Meets on 2nd Floor
Elle (757) 469-0694

7:30 p.m.
Open ☺
Adult Children in Recovery AFG
Oceanview Baptist Church
9504 Selby Pl. (Selby & Gov't Ave.)
2nd floor next to room 205
Paul (757) 761-5280

SUFFOLK

8:00 p.m.
Closed ☺
Serenity Seekers AFG
Main Street United Methodist Church
202 N. Main St.
Parking in the rear off of Bank St.
Billy (757) 539-4018

VIRGINIA BEACH

12:00 p.m.
Closed
Wednesday Noon AFG
Foundry United Methodist Church
2801 Virginia Beach Blvd.
Carole (757) 478-9725

WILLIAMSBURG

10:00 a.m.
Open
Welcoming Wednesdays AFG
Triangle Stepping Stones
3279 Lake Powell Rd
Sandy (757) 788-9211

7:00 p.m.
Open ☺☺
New Beginnings
Williamsburg Place Farley Center
5477 Mooretown Rd.
Gratitude Room
Jan (757) 876-3852

Serenity Prayer

God, grant me the Serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference.