

THURSDAY

CHESAPEAKE

- 8:00 pm Open Keep It Simple AFG
St. Thomas Episcopal Church
233 Mann Dr.
Off of Cedar Rd. (Enter left rear)
Speaker fifth Thursday of the month
Sean 781-664-4465
- 8:00 pm Open ☞ Let it Begin with Me AFG
Aldersgate United Methodist Church
4320 Bruce Rd., Room 212
Stacy 757-403-2724

HAMPTON

- 10:00 am Open Thursday Morning AFG
Harborpointe Community Church
351 E Mercury Blvd.
Cynthia 239-281-6628

NEWPORT NEWS

- 11:30 am Open ☞ Up the Creek AFG
2 meetings at once: Regular & Newcomers
Christ United Methodist Church
133 Deep Creek Rd.
Barbara 757-898-7887
- 7:00 pm Open ☞ Relationships with Serenity
Warwick United Church of Christ
10 Matoaka Ln.
Joyce 443-846-6546
If NN schools closed by weather, no mtg

NORFOLK

- 8:00 pm Open ☞ Roosevelt Chat AFG
St. John's United Methodist Church
2709 Greendale Ave. (Preschool Room)
Camille 757-759-8706

VIRGINIA BEACH

- 12:30 pm 1.5 hours Closed ☞ Thursday Noon AFG
Thalia United Methodist Church
4321 Virginia Beach Blvd.
Shayne 757-737-3593
- 6:00 pm Closed Alateen
"A-OK" Alateen
1600 Corporate Landing Parkway
757-499-1443
- 6:00 pm Open ☞ Corporate Landing AFG
Al-Anon World Service Office
1600 Corporate Landing Pkwy.
Rhonda 757-650-9475
- 8:00 pm Closed ☞ Changing Attitudes AFG
St. Francis Episcopal Church
509 Rosemont Rd.
Janice 757-724-2785

WILLIAMSBURG

- 2:00 pm Open ☞ Today a New Frontier AFG
Williamsburg United Methodist Church
500 Jamestown Rd.
Enter rear main door and follow signs
Kate 757-585-1341, Patricia 757-570-0789

WILLIAMSBURG *continued*

- 5:30 pm Open ☞ Walking Through Recovery AFG
Williamsburg United Methodist Church
500 Jamestown Rd., Room 206
Enter rear main door; follow signs
Katie S. 757-784-6900
- 7:30 pm Closed Twelve & Twelve Al-Anon
Williamsburg United Methodist Church
500 Jamestown Rd., Room 206
Enter rear main door; follow signs
Mary Ann 757-229-0244

FRIDAY

HAMPTON

- 10:00 am Closed Friday Morning Women
St. John's Episcopal Church
100 West Queensway
Jill 757-771-8898
No meeting on holidays

- 8:00 pm Open ☞ Friday Night Al-Anon
First Christian Church
1458 Todds Ln.
Park in rear, enter Fellowship Hall
Judy A. 757-284-4534
If Hptn schools closed by weather, no mtg

NEWPORT NEWS

- 8:00 pm Closed ☞ Serenity AFG
Chestnut Memorial United Methodist Church
1024 Harpersville Rd.
M.E. 757-812-9668

NORFOLK

- 12:00 pm Open Metropolitan AFG
Church of the Epiphany
1530 Lafayette Blvd.
Corner of Lafayette & Versailles
Shaz 757-237-7760

SUFFOLK

- 8:00 pm Closed ☞ Suffolk AFG
St. Paul's Episcopal Church
213 North Main St.
Jenny F. 757-647-6585

VIRGINIA BEACH

- 6:30 pm Closed ☞ Friday Night Meeting AFG
Old Donation Episcopal Church (Library)
4449 N. Witchduck Rd.
Sue P. 646-702-9672

WILLIAMSBURG

- 3:00 pm Open ☞ Openness & Friendship AFG
St. Stephen's Lutheran Church
612 Jamestown Rd.
Bonnie N. 757-849-9628

SATURDAY

NEWPORT NEWS

- 10:00 am Open ☞ Courage to Change AFG
Denbigh Presbyterian Church
302 Denbigh Blvd.
Mary 757-813-6067

NORFOLK

- 11:00 am Closed Courage to Change AFG
DePaul Hospital (Cafeteria)
150 Kingsley Ln.
Terry 757-484-6033
- 7:00 pm Open ☞ New Hope AFG
Talbot Park Baptist Church
6919 Granby St.
Rose 757-355-3338
Babysitting available for age 2 & up
- 7:00 pm Closed ☞ Alateen
Talbot Park Baptist Church
6919 Granby St.
Paul H. 757-761-5280

VIRGINIA BEACH

- 7:00 pm Closed ☞ Beach AFG
Galilee Episcopal Church
40th St. & Pacific Ave.
Maria 757-404-0247

- 5:30 pm 1.5 hours Open ☞ GFA Amistad, Spanish Speaking
St. Gregory Church
5345 Virginia Beach Blvd.
Sergio 915-633-3153

WILLIAMSBURG

- 8:00 pm Closed ☞ Saturday Night Live
St. Stephen's Lutheran Church
612 Jamestown Rd.
Robin B. 757-784-2244

The only requirement for membership in Al-Anon/Alateen is that there be a problem of alcoholism in a relative or friend.

Tidewater Area and Peninsula District Al-Anon and Alateen Family Groups Meeting Directory

Revised April 15, 2018



PLEASE CHECK WEBSITE TO
GET THE LATEST MEETING INFO

Al-Anon Service Center of Tidewater

4968 Euclid Road, 1st Floor, Suite H
Virginia Beach, VA 23462
757-499-1443 | FAX 757-499-3298
www.TidewaterASC.org | ASCT42009@verizon.net

For meetings outside Hampton Roads:
Virginia Al-Anon/Alateen www.VAAlanon.org
World Service Office at 888-425-2666
www.Al-Anon.org

About Al-Anon Meetings

Contact Person: It is recommended that you call the contact person listed to confirm the meeting time and location.

Open/Closed: Closed Meetings are for anyone whose personal life is or has been affected by close contact with a problem drinker. Open meetings may be attended by anyone interested in Al-Anon/Alateen.

Alateen: Alateen is for children and teenagers (8-19) who have been affected by someone else's drinking. Specially-trained and screened adult sponsors supervise.

AFG Al-Anon Family Group

☞ Handicap accessible

☞ Concurrent AA meeting

Length: Meetings last an hour long unless otherwise indicated.

Smoking: Meetings are non-smoking.

For AA Information

AA Tidewater Area: (757) 490-3980
AA Peninsula: (757) 595-1212

SUNDAY**GLOUSTER**

7:00 pm Ware's There's Hope AFG
Open Ware Episcopal Church
7825 John Clayton Mem Hwy.
Debbie 765-404-1870

NEWPORT NEWS

7:00 pm Fresh Start AFG
Open St. George's Episcopal Church
15446 Warwick Blvd.
Chris 804-832-8884

NORFOLK

7:00 pm Ghent Gathering AFG
Open 800 Colonial Avenue
Shelly H. 757-639-4436

5:30 pm Bayview AFG
Open Bayview United Church of Christ
1051 E. Bayview Blvd.
Lily 757-537-5794

VIRGINIA BEACH

4:00 pm Al-Anon Service Center Tidewater
Open 4968 Euclid Rd., Ste. H
Sue 757-270-6133

7:00 pm Freedom Women AFG
Closed Bayside Presbyterian Church
1400 Ewell Rd.
Corner of Independence Blvd. & Ewell Rd.
Lorene 757-430-1825

WILLIAMS BURG

4:00 pm Sunday Serenity AFG
Open Williamsburg Place Farley Center
5477 Mooretown Rd., Gratitude Room
Shelly 757-810-6338

MONDAY**CHESAPEAKE**

7:30 pm Just for Today AFG
Open Oak Grove United Methodist Church
472 N. Battlefield Blvd.
Randy 757-409-1794
No meetings on holidays

7:30 pm Gratitude Gang Alateen
Open Oak Grove United Methodist Church
472 N. Battlefield Blvd.
Mark 757-635-6726

HAMPTON

10:00 am Monday Morning Women
Closed St. John's Episcopal Church
100 West Queens Way
Diane 757-965-0925
No meetings on holidays

NORFOLK

12:00 pm Downtowners AFG
Open St. Paul's Episcopal Church
101 St. Paul's Blvd.
Matt 757-288-6002

7:00 pm Hampton Boulevard AFG
Open Second Presbyterian Church
7305 Hampton Blvd.
Kristin 757-639-1695

SUFFOLK

7:00 pm Monday Night AFG:
Open 2 meetings at once: Regular & Newcomers
St. Andrew Presbyterian Church
1885 Bridge Road
Betty 757-483-1445

VIRGINIA BEACH

7:00 pm Basic Recovery AFG
Closed* Emmanuel Episcopal Church
*Open 5th Mon.
5181 Singleton Way
Marcia 757-717-0608

7:30 pm Beginner AFG
Open Foundry United Methodist Church
2801 Virginia Beach Blvd. (enter side door)
Carole 757-478-9725

8:00 pm Small Shores, Step Study AFG
Closed All Saints Episcopal Church
1968 Woodside Ln.
Ethel 757-464-5793

WILLIAMS BURG

10:00 am The Breakfast Club
Open Triangle Stepping Stones
3279 Lake Powell Rd.
June 757-348-4140

7:30 pm Williamsburg AFG
Closed Williamsburg United Methodist Church
500 Jamestown Rd.
Enter rear main door; follow signs
Mary Ann 757-229-0244

TUESDAY**CHESAPEAKE**

7:00 pm Chesapeake Parents AFG
1.5 hours Harvest Assembly of God
Open 525 Kempsville Rd. (Trailer #6 in back)
Bette T. 757-681-0620

GLOUCESTER

8:00 pm Mid-Peninsula AFG
Open Apostles Lutheran Church
7092 Main St.
Intersection of Fox Mill Rd. & Fox Hunt
Lane, off Bus. Rt. 17
Debbie P. 765-404-1870

NORFOLK

11:00 am The Forum AFG
Closed Wesley Mem. United Methodist Church
288 East Little Creek Rd.
Kathy H. 757-222-0670

VIRGINIA BEACH

6:30 pm Beach Parents Al-Anon Meeting
Open Spring Branch Community Church
1500 N. Great Neck Rd., Room 302
Keith 757-748-6300

8:00 pm Sandbridge AFG
Open Sandbridge Community Chapel Annex
3041 Sandpiper Rd.
JoAnne 757-226-8936

WILLIAMS BURG

2:00 pm Williamsburg Step Study AFG
Open Williamsburg United Methodist Church
500 Jamestown Rd.
Joanie 757-876-9869

YORKTOWN

8:00 pm Progressive AFG
Open 2 meetings at once: Regular & Newcomers
Yorkminster Presbyterian Church
6128 George Washington Mem. Hwy.
Anne Marie 757-329-0417

WEDNESDAY**CHESAPEAKE**

10:30 am New Beginnings AFG
1.5 hours Harvest Assembly of God
Closed 525 Kempsville Rd. (Trailer #6 in back)
Thelma 757-404-2593

8:00 pm Greenbrier AFG
Open Greenbrier Community Church
825 Greenbrier Pkwy.
In main church building
Terri 757-816-5798

NEWPORT NEWS

12:00 pm Baby Steps Al-Anon
Open Warwick United Church of Christ
10 Matoaka Ln.
Jo F. 757-238-8540
If NN schools closed by weather, no mtg

NORFOLK

7:00 pm Wednesday Night Beginner's AFG
Open Every 5th Wed.: Potluck 6pm; Speaker 7pm
Talbot Park Baptist Church
6919 Granby St.
Meets on 2nd Floor
Elle 757-469-0694

7:30 pm Adult Children in Recovery AFG
Open Every 5th Wed.: At Beginners AFG, above
Oceanview Baptist Church
9504 Selby Pl. Selby & Govt Ave.
2nd floor next to room 205
Sheila G. 757-343-0428

SUFFOLK

8:00 pm Serenity Seekers AFG
Closed Main Street United Methodist Church
202 N. Main St.
Parking in the rear off Bank St.
Billy 757-539-4018

VIRGINIA BEACH

12:00 pm Wednesday Noon AFG
Closed Foundry United Methodist Church
2801 Virginia Beach Blvd.
Carole 757-478-9725

WILLIAMS BURG

10:00 am Welcoming Wednesdays AFG
Open Triangle Stepping Stones
3279 Lake Powell Rd.
Sandy 757-788-9211

7:00 pm New Beginnings
Open Williamsburg Place Farley Center
5477 Mooretown Rd., Gratitude Room
Jan 757-876-3852

Serenity Prayer

God, grant me the Serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference.

Volunteer, Members!

Boost your recovery with
Twelfth Step service:
Help out at the ASCT office
Call Bette at 757-681-0620