

THURSDAY

CHESAPEAKE

- 7:30 pm Open Keep It Simple AFG
St. Thomas Episcopal Church
233 Mann Dr.
Off of Cedar Rd. (Enter left rear)
Speaker fifth Thursday of the month
Sean 781-664-4465
- 8:00 pm Open ☞ Let it Begin with Me AFG
Aldersgate United Methodist Church
4320 Bruce Rd., Room 212
Jan 757-234-5353

HAMPTON

- 10:00 am Open Thursday Morning AFG
Harborpointe Community Church
351 E Mercury Blvd.
Cynthia 239-281-6628

NEWPORT NEWS

- 11:30 am Open ☞ Up the Creek AFG
2 meetings at once: Regular & Newcomers
Christ United Methodist Church
133 Deep Creek Rd.
Barbara 757-898-7887
- 7:00 pm Open ☞ Relationships with Serenity
Warwick United Church of Christ
10 Matoaka Ln.
Joyce 443-846-6546
If NN schools closed by weather, no mtg

NORFOLK

- 8:00 pm Open ☞ Roosevelt Chat AFG
St. John's United Methodist Church
2709 Greendale Ave. (Preschool Room)
Camille 757-759-8706

VIRGINIA BEACH

- 12:30 pm 1.5 hours Closed ☞ Thursday Noon AFG
Thalia United Methodist Church
4321 Virginia Beach Blvd.
Shayne 757-737-3593
- 6:00 pm Closed Alateen
"A-OK" Alateen
1600 Corporate Landing Parkway
757-499-1443
- 6:00 pm Open ☞ Corporate Landing AFG
Al-Anon World Service Office
1600 Corporate Landing Pkwy.
Rhonda 757-650-9475
- 8:00 pm Closed ☞ Changing Attitudes AFG
St. Francis Episcopal Church
509 Rosemont Rd.
Janice 757-724-2785

WILLIAMSBURG

- 2:00 pm Open ☞ Today a New Frontier AFG
Williamsburg United Methodist Church
500 Jamestown Rd.
Enter rear main door and follow signs
Kate 757-585-1341, Patricia 757-570-0789

WILLIAMSBURG *continued*

- 5:30 pm Open ☞ Walking Through Recovery AFG
Williamsburg United Methodist Church
500 Jamestown Rd., Room 171
Enter rear main door; follow signs
Katie S. 757-784-6900
- 7:30 pm Closed Twelve & Twelve Al-Anon
Williamsburg United Methodist Church
500 Jamestown Rd., Room 171
Enter rear main door; follow signs
Mary Ann 757-229-0244

FRIDAY

HAMPTON

- 10:00 am Closed Friday Morning Women
St. John's Episcopal Church
100 West Queensway
Jill 757-771-8898
No meeting on holidays
- 8:00 pm Open ☞ Friday Night Al-Anon
First Christian Church
1458 Todds Ln.
Park in rear, enter Fellowship Hall
Judy A. 757-284-4534
If Hptn schools closed by weather, no mtg

NEWPORT NEWS

- 8:00 pm Closed ☞ Serenity AFG
Chestnut Memorial United Methodist Church
1024 Harpersville Rd.
M.E. 757-812-9668

NORFOLK

- 12:00 pm Open Metropolitan AFG
Church of the Epiphany
1530 Lafayette Blvd.
Corner of Lafayette & Versailles
Shaz 757-237-7760

SUFFOLK

- 8:00 pm Closed ☞ Suffolk AFG
St. Paul's Episcopal Church
213 North Main St.
Jenny F. 757-647-6585

VIRGINIA BEACH

- 6:30 pm Closed ☞ Friday Night Meeting AFG
Old Donation Episcopal Church (Library)
4449 N. Witchduck Rd.
Sue P. 646-702-9672

WILLIAMSBURG

- 3:00 pm Open ☞ Openness & Friendship AFG
St. Stephen's Lutheran Church
612 Jamestown Rd.
Bonnie N. 757-849-9628

SATURDAY

NEWPORT NEWS

- 10:00 am Open ☞ Courage to Change AFG
Denbigh Presbyterian Church
302 Denbigh Blvd.
Mary 757-813-6067

NORFOLK

- 11:00 am Closed Courage to Change AFG
DePaul Hospital (Cafeteria)
150 Kingsley Ln.
Terry 757-484-6033
- 7:00 pm Open ☞ New Hope AFG
Talbot Park Baptist Church
6919 Granby St.
Rose 757-355-3338
Babysitting available for age 2 & up
- 7:00 pm Closed ☞ Alateen
Courageous Kids Alateen
Talbot Park Baptist Church
6919 Granby St.
Paul H. 757-761-5280

VIRGINIA BEACH

- 7:00 pm Closed ☞ Beach AFG
Galilee Episcopal Church
40th St. & Pacific Ave.
Maria 757-404-0247

5:30 pm 1.5 hours Open ☞ GFA Amistad, Spanish Speaking

- St. Gregory Church
5345 Virginia Beach Blvd.
Sergio 915-633-3153

WILLIAMSBURG

- 8:00 pm Closed ☞ Saturday Night Live
St. Stephen's Lutheran Church
612 Jamestown Rd.
Robin B. 757-784-2244

The only requirement for membership in Al-Anon/Alateen is that there be a problem of alcoholism in a relative or friend.

Tidewater Area and Peninsula District Al-Anon and Alateen Family Groups MEETING DIRECTORY

Revised July 7, 2018

SEE TidewaterASC.org FOR UP-TO-DATE MEETING INFO



Al-Anon Service Center of Tidewater

4968 Euclid Road, Suite H, Virginia Beach, VA 23462
757-499-1443 | FAX 757-499-3298
www.TidewaterASC.org | ASCT42009@verizon.net

About Al-Anon Meetings

Contact Person: It is recommended that you call the contact person listed to confirm the meeting time and location.

Open/Closed: Closed Meetings are for anyone whose personal life is or has been affected by close contact with a problem drinker. Open meetings may be attended by anyone interested in Al-Anon/Alateen.

Alateen: Alateen is for children and teenagers (8-19) who have been affected by someone else's drinking. Specially-trained and screened adult sponsors supervise.

AFG Al-Anon Family Group

☞ Handicap accessible

☞ Concurrent AA meeting

Length: Meetings last an hour long unless otherwise indicated.

Smoking: Meetings are non-smoking.

For Al-Anon Meetings Outside Hampton Roads
Virginia Al-Anon/Alateen: VAAAnon.org
World Service Office: 888-425-2666 Al-Anon.org

For AA Meetings
AA Tidewater Area: (757) 490-3980
AA Peninsula: (757) 595-1212

SUNDAY

GLOUSTER	
7:00 pm Open	Ware's There's Hope AFG Ware Episcopal Church 7825 John Clayton Mem Hwy. Debbie 765-404-1870
NEWPORT NEWS	
7:00 pm Open	Fresh Start AFG St. George's Episcopal Church 15446 Warwick Blvd. Chris 804-832-8884
NORFOLK	
7:00 pm Open	Ghent Gathering AFG 800 Colonial Avenue Shelly H. 757-639-4436
VIRGINIA BEACH	
4:00 pm Open ☺	Al-Anon Service Center Tidewater 4968 Euclid Rd., Ste. H Sue 757-270-6133
7:00 pm Closed	Freedom Women AFG Bayside Presbyterian Church 1400 Ewell Rd. Corner of Independence Blvd. & Ewell Rd. Lorene 757-430-1825
WILLIAMSBURG	
4:00 pm Open	Sunday Serenity AFG Williamsburg Place Farley Center 5477 Mooretown Rd., Gratitude Room Shelly 757-810-6338

MONDAY

CHESAPEAKE	
7:30 pm Open ☹	Just for Today AFG Oak Grove United Methodist Church 472 N. Battlefield Blvd. Debbie 757-705-9079 <i>No meetings on holidays</i>
7:30 pm Open ☹ Alateen	Gratitude Gang Alateen Oak Grove United Methodist Church 472 N. Battlefield Blvd. Mark 757-635-6726
HAMPTON	
10:00 am Closed ☹	Monday Morning Women St. John's Episcopal Church 100 West Queens Way Darlene M. 757-851-2325 <i>No meetings on holidays</i>
NORFOLK	
12:00 pm Open ☺	Downtowners AFG St. Paul's Episcopal Church 201 St. Paul's Blvd. Matt 757-288-6002
7:00 pm Open ☺	Hampton Boulevard AFG Second Presbyterian Church 7305 Hampton Blvd. Kristin 757-639-1695
SUFFOLK	
7:00 pm Open ☺	Monday Night AFG: 2 meetings at once: Regular & Newcomers St. Andrew Presbyterian Church 1885 Bridge Road Betty 757-483-1445
VIRGINIA BEACH	
7:00 pm Closed* ☹☹ *Open 5th Mon.	Basic Recovery AFG Emmanuel Episcopal Church 5181 Singleton Way Marcia 757-717-0608
7:30 pm Open ☺	Beginner AFG Foundry United Methodist Church 2801 Virginia Beach Blvd. (enter side door) Carole 757-478-9725
8:00 pm Closed ☹	Small Shores, Step Study AFG All Saints Episcopal Church 1968 Woodside Ln. Ethel 757-464-5793
WILLIAMSBURG	
10:00 am Open	The Breakfast Club Triangle Stepping Stones 3279 Lake Powell Rd. June 757-348-4140
7:30 pm Closed ☹☹	Williamsburg AFG Williamsburg United Methodist Church 500 Jamestown Rd., Room 102 Enter rear main door; follow signs Mary Ann 757-229-0244

TUESDAY

CHESAPEAKE	
7:00 pm Open	Chesapeake Parents AFG Harvest Assembly of God 525 Kempsville Rd. (Trailer #6 in back) Bette T. 757-681-0620
GLOUCESTER	
8:00 pm Open ☹☹	Mid-Peninsula AFG Apostles Lutheran Church 7092 Main St. Intersection of Fox Mill Rd. & Fox Hunt Lane, off Bus. Rt. 17 Debbie P. 765-404-1870
NORFOLK	
11:00 am Closed ☹	The Forum AFG Wesley Mem. United Methodist Church 288 East Little Creek Rd. Kathy H. 757-222-0670
VIRGINIA BEACH	
6:30 pm Open	Beach Parents Al-Anon Meeting Spring Branch Community Church 1500 N. Great Neck Rd., Room 302 Keith 757-748-6300
8:00 pm Open ☹	Sandbridge AFG Sandbridge Community Chapel Annex 3041 Sandpiper Rd. JoAnne 757-226-8936
WILLIAMSBURG	
2:00 pm Open ☺	Williamsburg Step Study AFG Williamsburg United Methodist Church 500 Jamestown Rd. Joanie 757-876-9869
YORKTOWN	
8:00 pm Open ☹☹	Progressive AFG 2 meetings at once: Regular & Newcomers Yorkminster Presbyterian Church 6128 George Washington Mem. Hwy. Anne Marie 757-329-0417

WEDNESDAY

CHESAPEAKE	
10:30 am 1.5 hours Closed ☹	New Beginnings AFG Harvest Assembly of God 525 Kempsville Rd. (Trailer #6 in back) Thelma 757-404-2593
8:00 pm Open ☹	Greenbrier AFG Greenbrier Community Church 825 Greenbrier Pkwy. In main church building Terri 757-816-5798
NEWPORT NEWS	
12:00 pm Open	Baby Steps Al-Anon Warwick United Church of Christ 10 Matoaka Ln. Jo F. 757-238-8540 <i>If NN schools closed by weather, no mtg</i>
NORFOLK	
7:00 pm Open ☺	Wednesday Night Beginner's AFG Every 5th Wed.: Potluck 6pm; Speaker 7pm Talbot Park Baptist Church 6919 Granby St. Meets on 2nd Floor Elle 757-469-0694
7:30 pm Open ☹	Adult Children in Recovery AFG Every 5th Wed.: At Beginners AFG, above Oceanview Baptist Church 9504 Selby Pl 2nd floor Conference room Sheila G. 757-343-0428
SUFFOLK	
8:00 pm Closed ☹	Serenity Seekers AFG Main Street United Methodist Church 202 N. Main St. Parking in the rear off Bank St. Billy 757-539-4018
VIRGINIA BEACH	
12:00 pm Closed	Wednesday Noon AFG Foundry United Methodist Church 2801 Virginia Beach Blvd. Carole 757-478-9725
8:00 pm Open NEW!	First Things First AFG Sentara Princess Anne Hospital 2025 Glenn Mitchell Dr. Heidi 757-753-1692
WILLIAMSBURG	
10:00 am Open	Welcoming Wednesdays AFG Triangle Stepping Stones 3279 Lake Powell Rd. Ronald 757-876-1353
7:00 pm Open ☹☹	New Beginnings Williamsburg Place Farley Center 5477 Mooretown Rd., Gratitude Room Jan 757-876-3852

Serenity Prayer

God, grant me the Serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference.

Volunteer, Members!

Boost your recovery with
Twelfth Step service:
Help out at the ASCT office
Call Bette at 757-681-0620