

THURSDAY

CHESAPEAKE

- 7:30 pm Keep It Simple AFG
Open St. Thomas Episcopal Church
233 Mann Dr.
Off of Cedar Rd. (Enter left rear)
Speaker fifth Thursday of the month
Sean 781-664-4465
- 8:00 pm Let it Begin with Me AFG
Open ☺ Aldersgate United Methodist Church
4320 Bruce Rd., Room 212
Jan 757-234-5353

NEWPORT NEWS

- 11:30 am Up the Creek AFG
Open ☺ 2 meetings at once: Regular & Newcomers
Christ United Methodist Church
133 Deep Creek Rd.
Judy 757-930-0818
- 7:00 pm Relationships with Serenity
Open ☺ Warwick United Church of Christ
10 Matoaka Ln.
Joyce 443-846-6546
If NN schools closed by weather, no mtg

NORFOLK

- 8:00 pm Roosevelt Chat AFG
Open ☺ St. John's United Methodist Church
2709 Greendale Ave. (Preschool Room)
Beth G. 802-540-5304

VIRGINIA BEACH

- 12:30 pm Thursday Noon AFG
1.5 hours Thalia Lynn Baptist Church
Closed ☺ 4392 Virginia Beach Blvd.
Shaun 757-708-6640
- 6:00 pm "A-OK" Alateen
Closed 1600 Corporate Landing Parkway
Alateen 757-499-1443
- 6:00 pm Corporate Landing AFG
Open ☺ Al-Anon World Service Office
1600 Corporate Landing Pkwy.
Melissa 757-392-6977
- 8:00 pm Changing Attitudes AFG
Closed ☺ St. Francis Episcopal Church
509 Rosemont Rd.
Janice 757-724-2785

WILLIAMSBURG

- 2:00 pm Today a New Frontier AFG
Open ☺ Williamsburg United Methodist Church
500 Jamestown Rd.
Enter rear main door and follow signs
Kate 757-585-1341, Patricia 757-570-0789

WILLIAMSBURG *continued*

- 5:30 pm Walking Through Recovery AFG
Open ☺ Williamsburg United Methodist Church
500 Jamestown Rd., Room 174
Enter rear main door; follow signs
Christine 231-534-5563
- 7:30 pm Twelve & Twelve Al-Anon
Closed Williamsburg United Methodist Church
500 Jamestown Rd., Room 171
Enter rear main door; follow signs
Mary Ann 757-229-0244

FRIDAY

HAMPTON

- 10:00 am Friday Morning Women
Closed St. John's Episcopal Church
100 West Queensway
Jill 757-771-8898
No meeting on holidays
- 8:00 pm Friday Night AFG
Open ☺ First Christian Church
1458 Todds Ln.
Park in rear, enter Fellowship Hall
Judy A. 757-284-4534
If Hptn schools closed by weather, no mtg

NEWPORT NEWS

- 8:00 pm Serenity AFG
Closed Chestnut Memorial United Methodist Church
☺ 1024 Harpersville Rd.
Robert 757-591-0212

NORFOLK

- 12:00 pm Metropolitan AFG
Open Church of the Epiphany
1530 Lafayette Blvd.
Corner of Lafayette & Versailles
Shaz 757-237-7760

SUFFOLK

- 8:00 pm Suffolk AFG
Closed ☺ St. Paul's Episcopal Church
213 North Main St.
Jenny F. 757-647-6585

VIRGINIA BEACH

- 6:30 pm Friday Night Meeting AFG
Closed ☺ Old Donation Episcopal Church (Library)
4449 N. Witchduck Rd.
Ava 757-284-8502

WILLIAMSBURG

- 3:00 pm Openness & Friendship AFG
Open ☺ St. Stephen's Lutheran Church
612 Jamestown Rd.
Jackie 757-291-6977

SATURDAY

NEWPORT NEWS

- 10:00 am Courage to Change AFG
Open ☺ Denbigh Presbyterian Church
302 Denbigh Blvd.
Penny 757-532-9544

NORFOLK

- 11:00 am Courage to Change AFG
Closed DePaul Hospital (Cafeteria)
150 Kingsley Ln.
Jennifer 918-853-1037

7:00 pm

- Open ☺ New Hope AFG
Talbot Park Baptist Church
6919 Granby St.
Nancy B. 423-596-7667
Babysitting available for age 2 & up

7:00 pm

- Closed ☺ Courageous Kids Alateen
Alateen Talbot Park Baptist Church
6919 Granby St.
Paul H. 757-761-5280

VIRGINIA BEACH

- 7:00 pm Beach AFG
Closed ☺ Galilee Episcopal Church
40th St. & Pacific Ave.
Maria 757-404-0247

NEW

- 7:00 pm** **Alateen Saturday Night Live**
Closed ☺ Galilee Episcopal Church
Alateen 40th St. & Pacific Ave.
Regan 757-735-5215

5:30 pm

- 1.5 hours** GFA Amistad, **Spanish Speaking**
Open ☺ St. Gregory Church
5345 Virginia Beach Blvd.
Sergio 915-633-3153

WILLIAMSBURG

- 8:00 pm Saturday Night Live
Closed ☺ St. Stephen's Lutheran Church
612 Jamestown Rd.
Robin B. 757-784-2244

The only requirement for membership in Al-Anon/Alateen is that there be a problem of alcoholism in a relative or friend.

Tidewater Area and Peninsula District Al-Anon and Alateen Family Groups MEETING DIRECTORY

Updated January 17, 2019

**SEE TidewaterASC.org FOR
UP-TO-DATE MEETING INFO**



Al-Anon Service Center of Tidewater

4968 Euclid Road, Suite H, Virginia Beach, VA 23462
757-499-1443 | FAX 757-499-3298
www.TidewaterASC.org | ASCT42009@verizon.net

About Al-Anon Meetings

Contact Person: It is recommended that you call the contact person listed to confirm the meeting time and location.

Open/Closed: Closed Meetings are for anyone whose personal life is or has been affected by close contact with a problem drinker. Open meetings may be attended by anyone interested in Al-Anon/Alateen.

Alateen: Alateen is for children and teenagers (8-19) who have been affected by someone else's drinking. Specially-trained and screened adult sponsors supervise.

AFG Al-Anon Family Group

☺ Handicap accessible

☹ Concurrent AA meeting

Length: Meetings last an hour long unless otherwise indicated.

Smoking: Meetings are non-smoking.

For Al-Anon Meetings Outside Hampton Roads

Virginia Al-Anon/Alateen: VAAAnon.org
World Service Office: 888-425-2666 Al-Anon.org

For AA Meetings

AA Tidewater Area: (757) 490-3980
AA Peninsula: (757) 595-1212

SUNDAY

GLOUCESTER

7:00 pm Ware's There's Hope AFG
Open Ware Episcopal Church
7825 John Clayton Mem Hwy.
Debbie 765-404-1870

NEWPORT NEWS

7:00 pm Fresh Start AFG
Open St. George's Episcopal Church
15446 Warwick Blvd.
Chris 804-832-8884

NORFOLK

7:00 pm Ghent Gathering AFG
Open 800 Colonial Avenue
Robyn T. 757-343-9567

VIRGINIA BEACH

4:00 pm Sunday Step Study AFG
Open Al-Anon Service Center Tidewater
4968 Euclid Rd., Ste. H
Lee 757-404-3286

7:00 pm Freedom Women AFG
Closed Bayside Presbyterian Church
1400 Ewell Rd.
Corner of Independence Blvd. & Ewell Rd.
Lorene 757-430-1825

WILLIAMSBURG

4:00 pm Sunday Serenity AFG
Open Williamsburg Place Farley Center
5477 Mooretown Rd., Gratitude Room
Barbara 757-814-6662

NEW
Closed **Alateen**

Stepping Out **Alateen**
Henderson Business Park
Common Ground
5810C Mooretown Road
Gina 757-256-3489

MONDAY

CHESAPEAKE

7:30 pm Just for Today AFG
Open Oak Grove United Methodist Church
472 N. Battlefield Blvd. Room 232
Troy 757-651-3073
No meetings on holidays

7:30 pm Gratitude Gang Alateen
Closed Oak Grove United Methodist Church
Alateen 472 N. Battlefield Blvd.
Mark 757-635-6726

HAMPTON

10:00 am Monday Morning Women
Closed St. John's Episcopal Church
100 West Queens Way
Darlene M. 757-851-2325
No meetings on holidays

NORFOLK

12:00 pm Downtowners AFG
Open St. Paul's Episcopal Church

201 St. Paul's Blvd.
Matt 757-288-6002

7:00 pm Hampton Boulevard AFG
Open Second Presbyterian Church
7305 Hampton Blvd.
Kristin 757-639-1695

SUFFOLK

7:00 pm Monday Night AFG:
Open 2 meetings at once: Regular & Newcomers
St. Andrew Presbyterian Church
1885 Bridge Road
Betty 757-483-1445

VIRGINIA BEACH

7:00 pm Basic Recovery AFG
Closed* Emmanuel Episcopal Church
5181 Singleton Way
Joe 757-717-0608
*Open 5th Mon.

7:30 pm Beginner AFG
Open Foundry United Methodist Church
2801 Virginia Beach Blvd. (enter side door)
Carole 757-478-9725

8:00 pm Small Shores, Step Study AFG
Closed All Saints Episcopal Church
1968 Woodside Ln.
Ethel 757-464-5793

WILLIAMSBURG

10:00 am The Breakfast Club
Open Triangle Stepping Stones
3279 Lake Powell Rd.
Jane 757-348-4140

7:30 pm Williamsburg AFG
Closed Williamsburg United Methodist Church
500 Jamestown Rd., Room 102
Enter rear main door; follow signs
Mary Ann 757-229-0244

TUESDAY

CHESAPEAKE

7:00 pm Chesapeake Parents AFG
Open Harvest Assembly of God
525 Kempsville Rd. (Trailer #6 in back)
Bette T. 757-681-0620

GLOUCESTER

8:00 pm Mid-Peninsula AFG
Open Apostles Lutheran Church
7092 Main St.
Intersection of Fox Mill Rd. & Fox Hunt
Lane, off Bus. Rt. 17
Irene 804-832-5679

NORFOLK

11:00 am The Forum AFG
Closed Wesley Mem. United Methodist Church
288 East Little Creek Rd.
Kathy H. 757-222-0670

VIRGINIA BEACH

6:30 pm Beach Parents Al-Anon Meeting

Open Spring Branch Community Church
1500 N. Great Neck Rd., Room 302
Keith 757-748-6300

8:00 pm Sandbridge AFG
Open Sandbridge Community Chapel Annex
3041 Sandpiper Rd.
Jeanne 757-348-3801

WILLIAMSBURG

2:00 pm Tuesday at Two AFG (New Group Name)
Open Williamsburg United Methodist Church
500 Jamestown Rd
Meets in the Library.
Cathy 757-345-9156

YORKTOWN

8:00 pm Progressive AFG
Open 2 meetings at once: Regular & Newcomers
Yorkminster Presbyterian Church
6128 George Washington Mem. Hwy.
Robert 757-254-3450

WEDNESDAY

CHESAPEAKE

10:30 am New Beginnings AFG
1.5 hours Harvest Assembly of God
Closed 525 Kempsville Rd. (Trailer #6 in back)
Thelma 757-404-2593

8:00 pm Greenbrier AFG
Open Greenbrier Community Church
825 Greenbrier Pkwy.
In main church building
Terri 757-816-5798

NEWPORT NEWS

12:00 pm Baby Steps Al-Anon
Open Warwick United Church of Christ
10 Matoaka Ln.
Kathy 757-871-6024
If NN schools closed by weather, no mtg

NORFOLK

7:00 pm Wednesday Night Beginner's AFG
Open Every 5th Wed.: Potluck 6:30 pm;
Speaker 7pm
Talbot Park Baptist Church
6919 Granby St.
Meets on 2nd Floor
Elle 757-469-0694

7:30 pm Adult Children in Recovery AFG
Open Every 5th Wed.: Go to Beginners AFG, above
Oceanview Baptist Church
9504 Selby Pl
2nd floor Conference room
Sheila G. 757-343-0428

SUFFOLK

8:00 pm Serenity Seekers AFG
Closed Main Street United Methodist Church

202 N. Main St.
Parking in the rear off Bank St.
Billy 757-539-4018

VIRGINIA BEACH

12:00 pm Wednesday Noon AFG
Closed Foundry United Methodist Church
2801 Virginia Beach Blvd.
Carole 757-478-9725

8:00 pm First Things First AFG
Open Sentara Princess Anne Hospital
2025 Glenn Mitchell Dr.
Heidi 757-753-1692

WILLIAMSBURG

10:00 am Welcoming Wednesdays AFG
Open Triangle Stepping Stones
3279 Lake Powell Rd.
Ronald 757-876-1353

7:00 pm New Beginnings
Open Williamsburg Place Farley Center
5477 Mooretown Rd., Gratitude Room
Jan 757-876-3852

Serenity Prayer

God, grant me the Serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference.

Volunteer, Members!

Boost your recovery with
Twelfth Step service:
Help out at the ASCT office
Call Bette at 757-681-0620