

## THURSDAY

### CHESAPEAKE

8:00 pm Open Keep It Simple AFG  
St. Thomas Episcopal Church  
233 Mann Dr.  
Off of Cedar Rd. (Enter left rear)  
Speaker fifth Thursday of the month  
Sean 781-664-4465

8:00 pm Open ☞ Let it Begin with Me AFG  
Aldersgate United Methodist Church  
4320 Bruce Rd., Room 212  
Stacy 757-403-2724

### HAMPTON

10:00 am Open Thursday Morning AFG  
Harborpointe Community Church  
351 E Mercury Blvd.  
Cynthia 239-281-6628

### NEWPORT NEWS

11:30 am Open ☞ Up the Creek AFG  
2 meetings at once: Regular & Newcomers  
Christ United Methodist Church  
133 Deep Creek Rd.  
Susie P. 757-727-0731

7:00 pm Open ☞ Relationships with Serenity  
Warwick United Church of Christ  
10 Matoaka Ln.  
Joyce 443-846-6546  
*If NN schools closed by weather, no mtg*

### NORFOLK

7:00 pm Open ☞ Roosevelt Chat AFG  
St. John's United Methodist Church  
2709 Greendale Ave. (Preschool Room)  
Camille 757-759-8706

### VIRGINIA BEACH

12:30 pm 1.5 hours Closed ☞ Thursday Noon AFG  
Thalia United Methodist Church  
4321 Virginia Beach Blvd.  
Shayne 757-737-3593

6:00 pm Closed Alateen  
1600 Corporate Landing Parkway  
757-499-1443

6:00 pm Open ☞ Corporate Landing AFG  
Al-Anon World Service Office  
1600 Corporate Landing Pkwy.  
Rhonda 757-650-9475

8:00 pm Closed ☞ Changing Attitudes AFG  
St. Francis Episcopal Church  
509 Rosemont Rd.  
Janice 757-724-2785

### WILLIAMSBURG

2:00 pm Open ☞ Today a New Frontier AFG  
Williamsburg United Methodist Church  
500 Jamestown Rd.  
Enter rear main door and follow signs  
Kate 757-585-1341, Patricia 757-570-0789

### WILLIAMSBURG *continued*

5:30 pm Open ☞ Walking Through Recovery AFG  
Williamsburg United Methodist Church  
500 Jamestown Rd., Room 206  
Enter rear main door; follow signs  
Katie S. 757-784-6900

7:30 pm Closed Twelve & Twelve Al-Anon  
Williamsburg United Methodist Church  
500 Jamestown Rd., Room 206  
Enter rear main door; follow signs  
Mary Ann 757-229-0244

## FRIDAY

### HAMPTON

10:00 am Closed Friday Morning Women  
St. John's Episcopal Church  
100 West Queensway  
Jill 757-881-8898  
*No meeting on holidays*

8:00 pm Open ☞ Friday Night Al-Anon  
First Christian Church  
1458 Todds Ln.  
Park in rear, enter Fellowship Hall  
Judy A. 757-284-4534

### NEWPORT NEWS

8:00 pm Closed ☞ Serenity AFG  
Chestnut Memorial United Methodist Church  
1024 Harpersville Rd.  
M.E. 757-812-9668

### NORFOLK

12:00 pm Open Metropolitan AFG  
Church of the Epiphany  
1530 Lafayette Blvd.  
Corner of Lafayette & Versailles  
Shaz 757-237-7760

### SUFFOLK

8:00 pm Closed ☞ Suffolk AFG  
St. Paul's Episcopal Church  
213 North Main St.  
Jenny F. 757-647-6585

### VIRGINIA BEACH

6:30 pm Closed ☞ Friday Night Meeting AFG  
Old Donation Episcopal Church (Library)  
4449 N. Witchduck Rd.  
Sue P. 646-702-9672

### WILLIAMSBURG

3:00 pm Open ☞ Openness & Friendship AFG  
St. Stephen's Lutheran Church  
612 Jamestown Rd.  
Bonnie N. 757-849-9628

## SATURDAY

### NEWPORT NEWS

10:00 am Open ☞ Courage to Change AFG  
Denbigh Presbyterian Church  
302 Denbigh Blvd.  
Mary 757-813-6067

### NORFOLK

11:00 am Closed Courage to Change AFG  
DePaul Hospital (Cafeteria)  
150 Kingsley Ln.  
Terry 757-484-6033

7:00 pm Open ☞ New Hope AFG  
Talbot Park Baptist Church

6919 Granby St.  
Rose 757-355-3338  
*Babysitting available for age 2 & up*

7:00 pm Closed ☞ Courageous Kids Alateen  
Talbot Park Baptist Church  
6919 Granby St.  
Paul H. 757-761-5280

### VIRGINIA BEACH

7:00 pm Closed ☞ Beach AFG  
Galilee Episcopal Church  
40th St. & Pacific Ave.  
Maria 757-404-0247

5:30 pm 1.5 hours Open ☞ GFA Amistad, Spanish Speaking  
St. Gregory Church  
5345 Virginia Beach Blvd.  
Sergio 915-633-3153

### WILLIAMSBURG

8:00 pm Closed ☞ Saturday Night Live  
St. Stephen's Lutheran Church  
612 Jamestown Rd.  
Robin B. 757-784-2244

*The only requirement for membership in Al-Anon/Alateen is that there be a problem of alcoholism in a relative or friend.*

## Tidewater Area and Peninsula District Al-Anon and Alateen Family Groups Meeting Directory

*Revised February 16, 2018*



PLEASE CHECK WEBSITE TO  
GET THE LATEST MEETING INFO

### Al-Anon Service Center of Tidewater

4968 Euclid Road, 1st Floor, Suite H  
Virginia Beach, VA 23462  
757-499-1443 | FAX 757-499-3298  
www.TidewaterASC.org | ASCT42009@verizon.net

For meetings outside Hampton Roads:  
Virginia Al-Anon/Alateen www.VAAAnon.org  
World Service Office at 888-425-2666  
www.Al-Anon.org

### About Al-Anon Meetings

**Contact Person:** It is recommended that you call the contact person listed to confirm the meeting time and location.  
**Open/Closed:** Closed Meetings are for anyone whose personal life is or has been affected by close contact with a problem drinker. Open meetings may be attended by anyone interested in Al-Anon/Alateen.

**Alateen:** Alateen is for children and teenagers (8-19) who have been affected by someone else's drinking. Specially-trained and screened adult sponsors supervise.

**AFG Al-Anon Family Group**

☞ Handicap accessible

☞ Concurrent AA meeting

**Length:** Meetings last an hour long unless otherwise indicated.

**Smoking:** Meetings are non-smoking.

### For AA Information

AA Tidewater Area: (757) 490-3980  
AA Peninsula: (757) 595-1212

**SUNDAY****GLOUSTER**

7:00 pm  
Open  
Ware's There's Hope AFG  
Ware Episcopal Church  
7825 John Clayton Mem Hwy.  
Debbie 765-404-1870

**NEWPORT NEWS**

7:00 pm  
Open  
Fresh Start AFG  
St. George's Episcopal Church  
15446 Warwick Blvd.  
Chris 804-832-8884

**NORFOLK**

7:00 pm  
Open  
Ghent Gathering AFG  
800 Colonial Avenue  
Shelly H. 757-639-4436

5:30 pm  
Open

Bayview AFG  
Bayview United Church of Christ  
1051 E. Bayview Blvd.  
Lily 757-537-5794

**VIRGINIA BEACH**

4:00 pm  
Open ☺  
Al-Anon Service Center Tidewater  
4968 Euclid Rd., Ste. H  
Sue 757-270-6133

7:00 pm  
Closed

Freedom Women AFG  
Bayside Presbyterian Church  
1400 Ewell Rd.  
Corner of Independence Blvd. & Ewell Rd.  
Lorene 757-430-1825

**WILLIAMS BURG**

4:00 pm  
Open  
Sunday Serenity AFG  
Williamsburg Place Farley Center  
5477 Mooretown Rd., Gratitude Room  
Shelly 757-810-6338

**MONDAY****CHESAPEAKE**

7:30 pm  
Open ☺  
Just for Today AFG  
Oak Grove United Methodist Church  
472 N. Battlefield Blvd.  
Randy 757-409-1794  
*No meetings on holidays*

7:30 pm  
Open ☺  
Alateen

Gratitude Gang Alateen  
Oak Grove United Methodist Church  
472 N. Battlefield Blvd.  
Mark 757-635-6726

**HAMPTON**

10:00 am  
Closed ☺  
Monday Morning Women  
St. John's Episcopal Church  
100 West Queens Way  
Diane 757-965-0925  
*No meetings on holidays*

**NORFOLK**  
12:00 pm  
Open ☺

Downtowners AFG  
St. Paul's Episcopal Church  
101 St. Paul's Blvd.  
Matt 757-288-6002

7:30 pm  
Open ☺

Hampton Boulevard AFG  
Second Presbyterian Church  
7305 Hampton Blvd.  
Jean 757-287-2925

**SUFFOLK**  
7:00 pm  
Open ☺

Monday Night AFG:  
2 meetings at once: Regular & Newcomers  
Ebenezer United Methodist  
1589 Steeple Drive  
Betty 757-483-1445

**VIRGINIA BEACH**

7:00 pm  
Closed\* ☺☺  
\*Open 5th Mon.

Basic Recovery AFG  
Emmanuel Episcopal Church  
5181 Singleton Way  
Marcia 757-717-0608

7:30 pm  
Open ☺

Beginner AFG  
Foundry United Methodist Church  
2801 Virginia Beach Blvd. (enter side door)  
Carole 757-478-9725

8:00 pm  
Closed ☺

Small Shores, Step Study AFG  
All Saints Episcopal Church  
1968 Woodside Ln.  
Ethel 757-464-5793

**WILLIAMS BURG**  
10:00 am  
Open

The Breakfast Club  
Triangle Stepping Stones  
3279 Lake Powell Rd.  
June 757-348-4140

7:30 pm  
Closed ☺☺

Williamsburg AFG  
Williamsburg United Methodist Church  
500 Jamestown Rd.  
Enter rear main door; follow signs  
Mary Ann 757-229-0244

**TUESDAY****CHESAPEAKE**

7:00 pm  
1.5 hours  
Open  
Chesapeake Parents AFG  
Harvest Assembly of God  
525 Kempsville Rd. (Trailer #6 in back)  
Bette T. 757-681-0620

**GLOUCESTER**

8:00 pm  
Open ☺☺  
Mid-Peninsula AFG  
Apostles Lutheran Church  
7092 Main St.  
Intersection of Fox Mill Rd. & Fox Hunt  
Lane, off Bus. Rt. 17  
Debbie P. 765-404-1870

**NORFOLK**

11:00 am  
Closed ☺  
The Forum AFG  
Wesley Mem. United Methodist Church  
288 East Little Creek Rd.  
Kathy H. 757-222-0670

**VIRGINIA BEACH**

6:30 pm  
Open  
Beach Parents Al-Anon Meeting  
Spring Branch Community Church  
1500 N. Great Neck Rd., Room 302  
Keith 757-748-6300

8:00 pm  
Open ☺

Sandbridge AFG  
Sandbridge Community Chapel Annex  
3041 Sandpiper Rd.  
JoAnne 757-226-8936

**WILLIAMS BURG**

2:00 pm  
Open ☺  
Williamsburg Step Study AFG  
Williamsburg United Methodist Church  
500 Jamestown Rd.  
Joanie 757-876-9869

8:00 pm  
Open ☺☺

YaGattaWanna Al-Anon  
Williamsburg Presbyterian Church  
215 Richmond Rd.  
Marsha J. 757-561-9033

**YORKTOWN**

8:00 pm  
Open ☺☺  
Progressive AFG  
2 meetings at once: Regular & Newcomers  
Yorkminster Presbyterian Church  
6128 George Washington Mem. Hwy.  
Anne Marie 757-329-0417

**WEDNESDAY****CHESAPEAKE**

10:30 am  
1.5 hours  
Closed ☺  
New Beginnings AFG  
Harvest Assembly of God  
525 Kempsville Rd. (Trailer #6 in back)  
Thelma 757-404-2593

8:00 pm  
Open ☺

Greenbrier AFG  
Greenbrier Community Church  
825 Greenbrier Pkwy.  
In main church building  
Terri 757-816-5798

**NEWPORT NEWS**

12:00 pm  
Open  
Baby Steps Al-Anon  
Warwick United Church of Christ  
10 Matoaka Ln.  
Jo F. 757-238-8540  
*If NN schools closed by weather, no mtg*

**NORFOLK**

7:00 pm  
Open ☺  
Wednesday Night Beginner's AFG  
Every 5th Wed.: Potluck 6pm; Speaker 7pm  
Talbot Park Baptist Church  
6919 Granby St.  
Meets on 2nd Floor  
Elle 757-469-0694

7:30 pm  
Open ☺

Adult Children in Recovery AFG  
Every 5th Wed.: Beginners Speaker Meeting  
Oceanview Baptist Church  
9504 Selby Pl. Selby & Govt Ave.  
2nd floor next to room 205  
Paul 757-761-5280

**SUFFOLK**

8:00 pm  
Closed ☺  
Serenity Seekers AFG  
Main Street United Methodist Church  
202 N. Main St.  
Parking in the rear off Bank St.  
Billy 757-539-4018

**VIRGINIA BEACH**

12:00 pm  
Closed  
Wednesday Noon AFG  
Foundry United Methodist Church  
2801 Virginia Beach Blvd.  
Carole 757-478-9725

**WILLIAMS BURG**

10:00 am  
Open  
Welcoming Wednesdays AFG  
Triangle Stepping Stones  
3279 Lake Powell Rd.  
Sandy 757-788-9211

7:00 pm  
Open ☺☺

New Beginnings  
Williamsburg Place Farley Center  
5477 Mooretown Rd., Gratitude Room  
Jan 757-876-3852

**Serenity Prayer**

God, grant me the Serenity  
to accept the things I cannot change,  
Courage to change the things I can, and  
Wisdom to know the difference.

**Volunteer, Members!**

Boost your recovery with  
Twelfth Step service:  
Help out at the ASCT office  
Call Bette at 757-681-0620